

Let us introduce to you a conference like none other! Since we as women have specific phases, needs and temptations, *GenReal* will give answers to female specific issues from the Word, in an arena where women and teen girls can be of one mind.

If you attend what can you expect?

A conference where transparent and vital topics are taught from the Word of God, as well as live music (including worship and a concert), intense and pertinent drama, and media to drive home the passionate and powerful message. An amazing weekend crammed full of fun! Girl (but not girly) fun!! An expo of activities such as bead bracelet construction to Self Defense for women. It ALL has YOU in mind. And what would a weekend be without (let's hear it ladies) CHOCOLATE! Oh yeah; we'll deliver on the food, including fabulous, delightful snacks, a delicious lunch and an eloquent dessert extravaganza!

Throughout the entire program mothers and daughters as well as Disciplers/ Discipleses, Youth Pastor's wives , Female Youth Leaders to Grandmas, etc will be encouraged to open communication. Women will be gaining answers, for themselves, from the Word, as well as an awareness into young women's struggles. If you have a heart for the next generation, we invite you to *GenReal*!

Registration Information:

Name: _____

Email Address: _____

Phone number: _____

Church Affiliation: _____

Church City/State: _____

Do you have any food allergies?

No

Yes

If yes, please list here: _____

How many people in this group registration are 18 years old or older? _____

Are you in need of any ADA required assistance?

No

Yes

Not sure, I'll call

Activities: Choose two

Bead Bracelets

Birch Bark Ornaments

Emergency and first aid preparedness basics

Health Concerns for Women

Make your own Lip Balm

Self defense for Women

Payment Method

Check Enclosed (\$60): Please make checks payable to Epsom Bible Church

Credit Card (\$62*): _____ M/C _____ Visa

Cardholder's name: _____

Card #: _____

CRV # on back: _____ Expiration Date: _____

Amount to be Charged: _____

Signature: _____

*If paying by credit card, there is an additional fee of \$2.00 per transaction.

Activities:

The ABC's of Nutrition: Learn the value of 4 essential nutritional supplements for everyone, at any age. Why are we deficient and how nutritional deficiencies contribute to high rates of heart disease, diabetes, cancer etc. Presenter: Martin Donovan, BS, R.Ph., DCN, Dip.Herb

Bead Bracelets: Learn this easy technique for making bracelets. Start your bracelet in the session. If unable to finish, can easily bring kit home to finish later

Birch Bark Ornaments: Using birch bark, a cookie cutter, string, and hot glue, make simple and inexpensive primitive ornaments worthy to adorn a home all year.

Emergency First Aid & Preparedness: topics include emergency medical care/use of an AED, what to do in an unsafe scene, basic CPR skills. Presenter: John Prickett, Director of Emergency Room at Lakes Region Hospital

Ladies Self Defense: Learn valuable skills, both in the physical realm and mind set learning to be situationally aware and diffuse potential threats. Instructor: Rob Tibbo from Critical Defense Institute, Manchester

Lip Balm Demo: Using olive oil, beeswax and essential oils, with a microwave. Learn how it can be adapted to make a medicinal salve. Leave with a tin of the cooled balm, along with the "recipe" book.

Photo Booth: A self-creative photo booth full of perfect props including hats, feather boas and decorative "frames" for posing and taking pictures to share with friends.



Details

When:

Friday, 10/13 from 6:30 to 10:00 PM &
Saturday, 10/14 from 8:30 to 5:00 PM

Where:

Epsom Bible Church
398 Black Hall Road, Epsom NH

Ticket prices:

(After 6/15) **\$60*** for your ticket plus up to
3 family members who register at the same
time, **\$35** each. *Please complete a
registration form for each person and mail
them together.*

*If paying by credit card there is an
additional fee of \$2.00 per transaction.

Registration at the door on 10/13: \$65

To Register:

Complete this form and mail, along with
payment information, to Epsom Bible
Church, Attn: GenReal, 398 Black Hall
Road, Epsom NH 03234

~Or~

Register online at wearegenreal.org



**October 13 & 14,
2017**

*A Conference for girls who want
to know genuine.*

*A Conference for women who
want to impart real.*

**Epsom Bible Church
398 Black Hall Road
Epsom, NH 03234
603-736-9354**